Hartington Road ¦ London ¦ SW8 2HP
Headteacher – Mrs Peake
Executive Headteacher – Mr Toye

Dear Parents and Carers,

Article 14 (freedom of thought, belief and religion): Every child has the right to think and believe what they choose and also to practise their religion

As the holy month of Ramadan approaches, we would like to extend our warmest wishes to all those observing this special time. We recognise the significance of Ramadan for our Muslim families and are committed to supporting pupils in a way that is respectful, inclusive, and mindful of their wellbeing.

Fasting during Ramadan is an important religious practice for Muslims once they have reached puberty. We also understand that families make individual decisions about whether younger children take part. For pupils in EYFS through to Year 4, fasting can be particularly challenging during the school day. If you would like your younger child to begin learning about fasting, we encourage this to be introduced gradually and under parental guidance outside of school hours, where possible.

For pupils in Years 5 and 6, we appreciate that you will have carefully considered what is right for your child. If your child will be fasting, please inform the school in writing by completing the form below so that we can maintain a record and ensure we provide appropriate care and support throughout the day. Should a child appear unwell, overly fatigued, or unable to participate comfortably in learning, we will contact you to discuss the best way to support them, which may include seeking permission for them to break their fast if necessary.

If your child plans to fast on specific days only - for example, avoiding days with PE - please indicate this on the reply slip. We kindly ask that all responses are **returned to the school office in advance of the fasting date request so that staff can prepare accordingly.**

Thank you for your continued support and partnership. If you have any questions or would like to discuss your child's needs, please do not hesitate to contact the school.

Yours sincerely

Mrs Peake – Headteacher – On behalf of Herbert Morrison Primary School

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Intention of My Child to Fast during Ramadan

My child _____ in Year _____ will be fasting during Ramadan.

Dates they **will** be fasting starting: _____ final date of fasting _____

Days they **will not** be fasting: _____

I am aware that staff will contact me if needed should my child become unwell or fatigued.

Signed:_____ Name:_____